



HOPE

THROUGH HEALING HANDS

The First 1,000 Days: A Window of Opportunity



Chronic Malnutrition: A Global Epidemic



GLOBALLY

Nearly 1 billion are chronically
undernourished

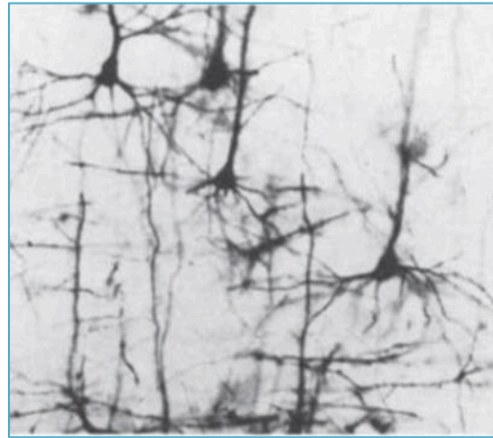
About 2 billion are deficient in
vitamins or minerals

Nearly 2 billion are obese or
overweight

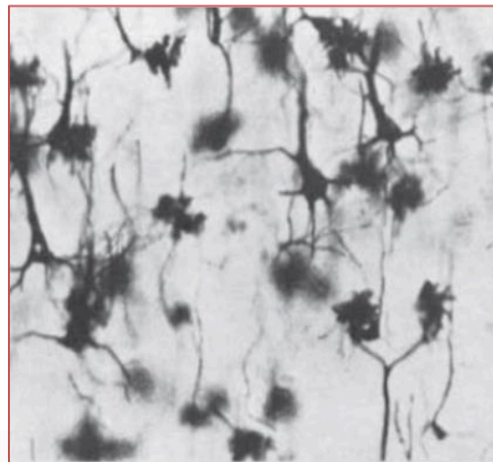


The 1,000 day window of opportunity

- The first 1,000 days between pregnancy and a child's 2nd birthday sets the life-long foundation for human capital
- Adequate nutrition in this 1000-day window is imperative
- If not, the damage to future human capital is irreversible



**WELL-NOURISHED
BRAIN CELLS**



**UNDERNOURISHED
BRAIN CELLS**

The Solutions are Simple



Pregnancy

Diverse diet of nutrient-rich foods

Healthy weight-gain



Infancy

Exclusive breastfeeding for the first six months and continued breastfeeding in conjunction with complementary foods



Early Childhood

Nutritious foods introduced at the right time

Responsive feeding practices

Education is Key



The Payoffs of Investing in the First 1,000 Days



SCHOOLING: Early nutrition programs can increase school completion by one year



EARNINGS: Early nutrition programs can raise adult wages by 5-50%



POVERTY: Children who escape stunting are 33% more likely to escape poverty as adults



ECONOMY: Reductions in stunting can increase GDP by 4-11% in Asia & Africa

ENDING EXTREME
POVERTY

2030

BUILDING SHARED
PROSPERITY

POVERTY

Good nutrition
increases
economic growth
for all

Improving nutrition
equalizes
opportunities
for the less
well-off

EQUITY





Scripture.

“There are over 2,000 verses of scriptures that deal with responding to the needs of the poor. Note: 2,000.”

--Tony Campolo

Prayer.

"I pray because I'm helpless.
I pray because the need flows out of
me all the time, waking and sleeping.
It doesn't change God, it changes
me."

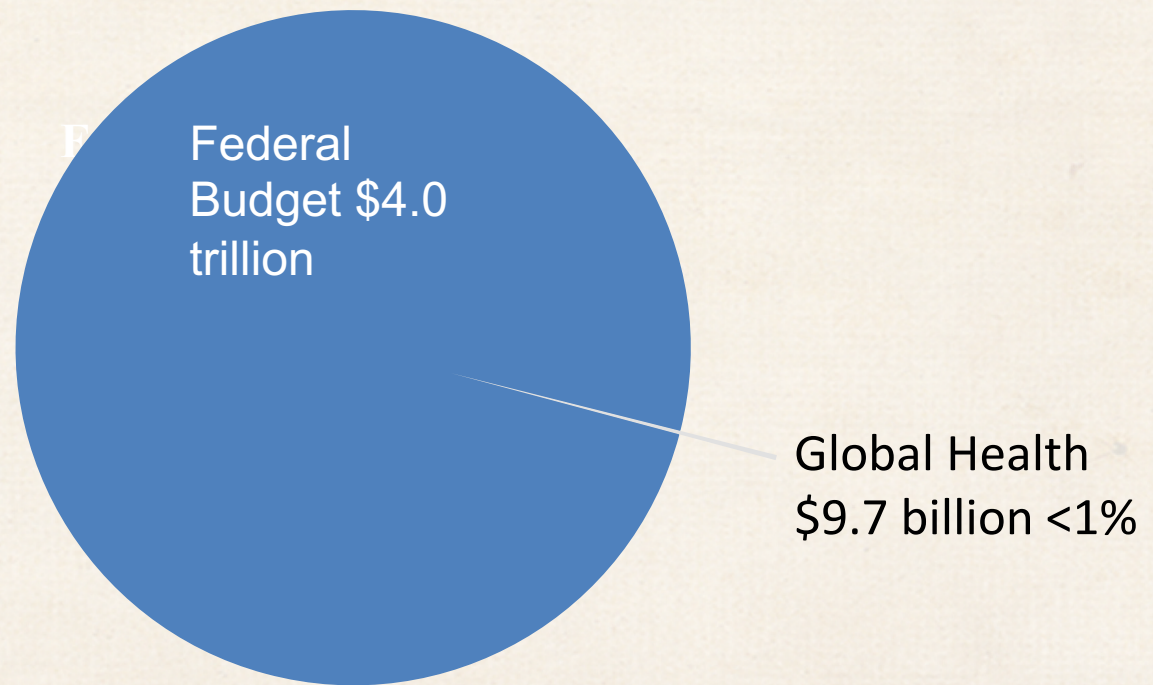
--C.S. Lewis

Philanthropy.

- Bread for the World
- Catholic Relief Services
- Food for the Hungry
- World Vision
- Compassion International
- FEED

Advocacy.

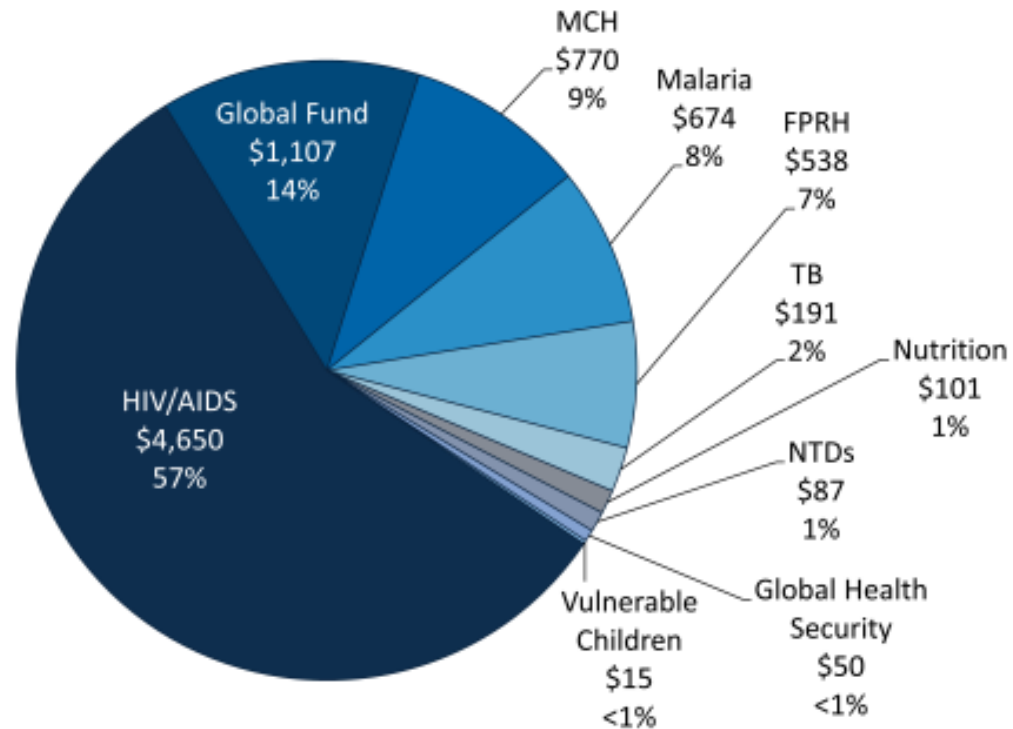
U.S. Global Health Funding of Federal Budget, FY16 Request



Advocacy.

Figure 4: Global Health Programs (GHP) Account, By Sector, FY 2016 Request

In Millions



Total = \$8.2 billion

SOURCE: Kaiser Family Foundation analysis of data from the President's FY 2016 Budget Request.



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A faint, light-colored map of the African continent serves as the background for the slide. The map shows various countries and their borders, with some names like Italy, Libya, Niger, Chad, Sudan, Central African Republic, Democratic Republic of the Congo, Angola, Zambia, and Tanzania visible. The map is oriented with North at the top.

Advocacy.

- Learn More.
- Write an op-ed.
- Share the facts on your social network.
- Ask your friends and family to join you in advocacy.

Advocacy.

- Call/Write your Member of Congress
 - House.gov
 - Senate.gov
 - Whitehouse.gov
- Request to meet with your Member of Congress in state.
- Share your story. Lend Your Voice. Stand for the hungry.



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