

A detailed map of the African continent serves as the background for the entire slide. The map is rendered in a light, textured style with various shades of beige and tan, highlighting the borders of different countries. Major cities and geographical features are faintly visible.

Let the Oppressed Go Free: Becoming a Champion for Maternal & Child Health

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**Faith & International
Development Conference
Calvin College
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HOPE

THROUGH HEALING HANDS

About Hope Through Healing Hands

Hope Through Healing Hands (HTHH) is a Nashville-based nonprofit 501(c)(3) whose mission is to promote improved quality of life for citizens and communities around the world using health as a currency for peace. Senator Bill Frist, MD is the founder and chair of the organization, which was founded in 2004.



Conference Theme

“Remove the chains of oppression and the yoke of injustice, and let the oppressed go free.... “Then my favor will shine on you like the morning sun, and your wounds will be quickly healed. I will always be with you to save you; my presence will protect you on every side. When you pray, I will answer you. When you call to me, I will respond...Your people will rebuild what has long been in ruins, building again on the old foundations. **You will be known as the people who rebuilt the walls, who restored the ruined houses.**”

--Isaiah 58: 6-9;12 GNT

Maternal and Child Health

Just the Facts:

- More than **303,000** women die annually from complications during pregnancy or childbirth.
- Of almost all deaths from complications of pregnancy or childbirth - **99%** occur in developing countries.
- In sub-Saharan Africa, a woman's maternal mortality risk is **1 in 38**, compared to **1 in 3,700** in developed regions.
- Children who have lost their mothers are up to **10x more** likely to die prematurely than those who have not.
- More than **220 million** women around the world who want to avoid pregnancy do not have access to effective contraceptives or counseling services.

Maternal and Child Health

The Good News:

80% of all maternal deaths are preventable.

If we can save the life of a mother, we can likely save her child too.

How?

- *Access to education
- *Timely pre/postnatal care
- *Emergency care
- *Encouraging breastfeeding
- *Healthy Timing and Spacing of Pregnancies (HTSP)
- *Access to contraceptives
- *Skilled birth attendants
- *Vaccines
- *Oral rehydration

Healthy Timing and Spacing of Pregnancy (HTSP) TRANSFORMS MOTHERS' AND CHILDREN'S LIVES



the FACTS



WITHOUT HTSP

Newborns have higher risk of:

- > Neonatal DEATH
- > Preterm BIRTH
- > Low birth WEIGHT

Mothers have higher risk of:

- > Maternal DEATH
- > pre-ECLAMPSIA
- > MISCARRIAGE

the HOPE

WITH HTSP

MOTHERS ARE LESS LIKELY TO experience complications such as



They can secure **HEALTH BENEFITS** for themselves and their children by **BREASTFEEDING LONGER**

CHILDREN ARE MORE LIKELY to receive essential >



MORE TIME BETWEEN PREGNANCIES =
lower risk of complications for both mothers and children



AGE 20 →
First child: healthy and strong mom and baby



AGE 23 →
Second child: spaced to allow healthy growth



AGE 26 →
Third child: mother able to care for all children emotionally and physically

Healthy Timing and Spacing of Pregnancy (HTSP) CHANGES LIVES



HTSP is an approach that helps women and couples make an informed decision about delaying first pregnancy until age 18, and timing and spacing subsequent pregnancies to secure the most positive outcomes for the mother, baby, family, and community.

the HOPE

If **120 MILLION WOMEN** get access to HTSP resources by 2020:

the FACTS

Every year, complications from pregnancy and childbirth kill hundreds of thousands of women—

+ 80% of these deaths are **PREVENTABLE**

Pregnancy is **one** of the leading causes of death for teenage girls globally



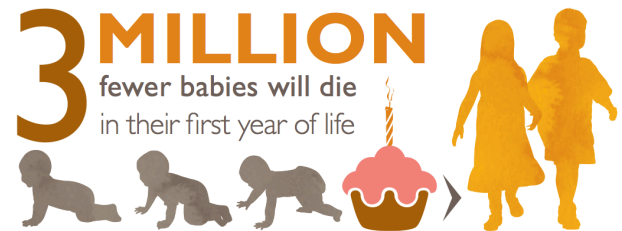
Babies born **less than two years apart** are more than **2X** as likely **TO DIE** before their first birthday



200,000 **fewer** **WOMEN** and **GIRLS** will die in childbirth



3 MILLION **fewer babies** will die in their first year of life



WHEN MOTHERHOOD COMES EARLY AND OFTEN

For girls living in poverty and married too young, HTSP could prevent a life of heartbreak and loss.



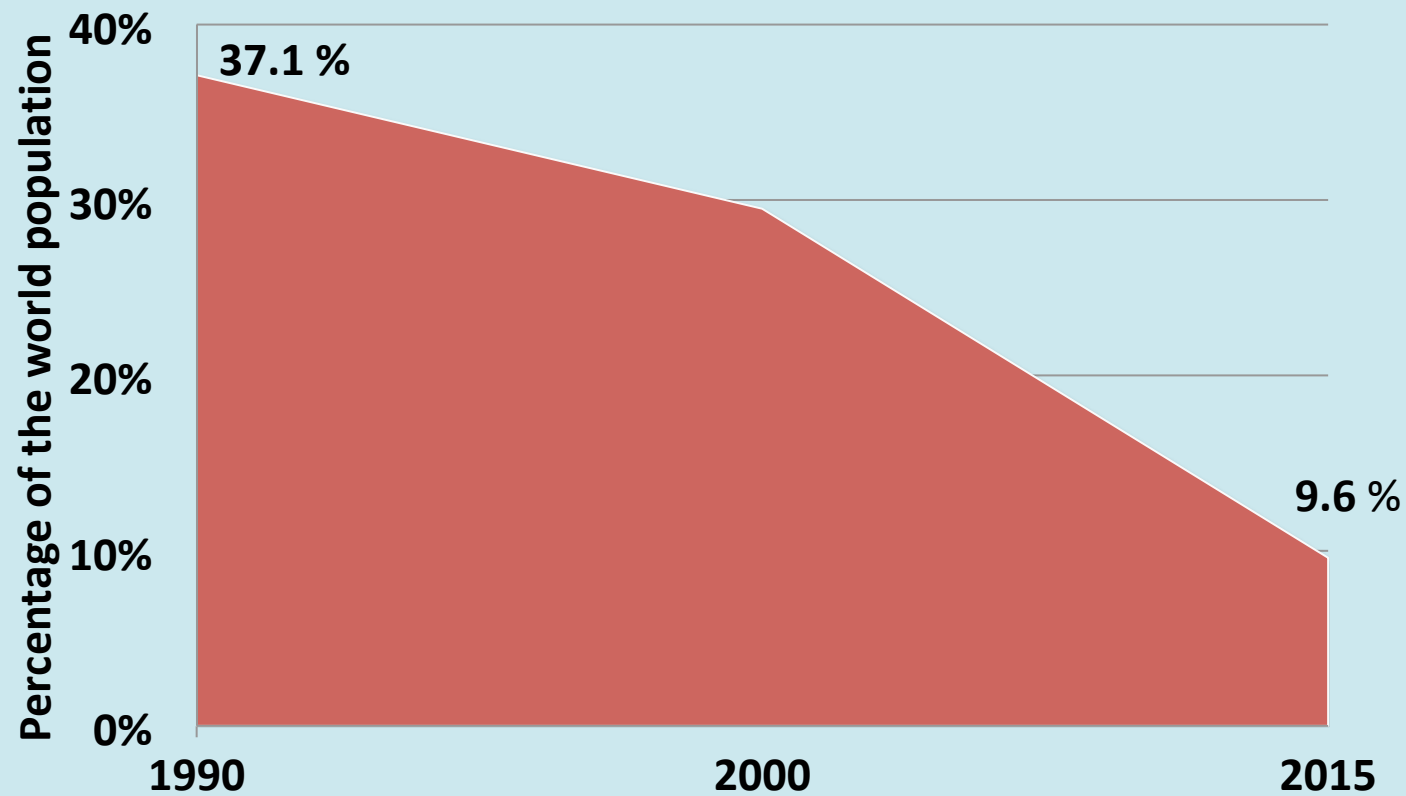


**More Good News
We are halfway there...**

Extreme Poverty

Global poverty has fallen by 74%.

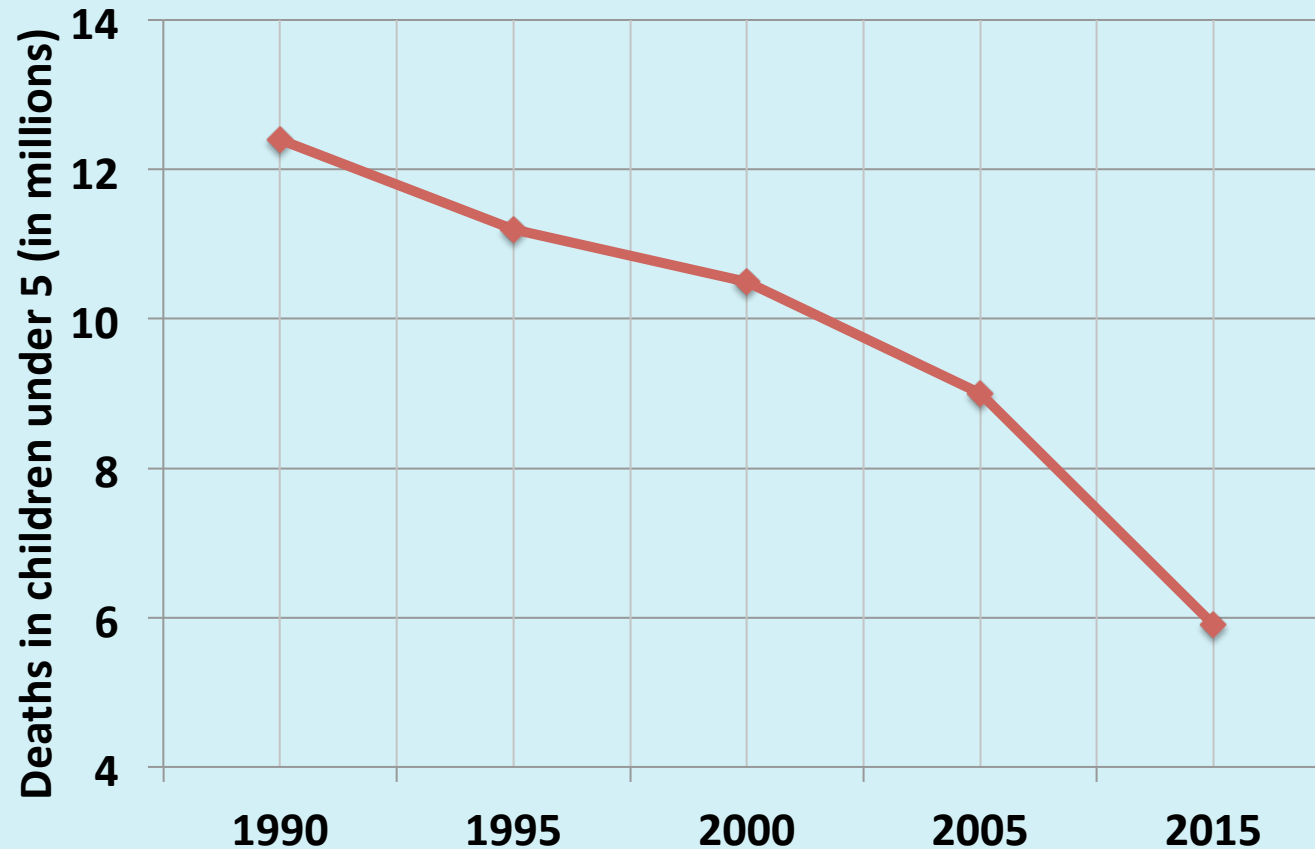
Share of population below \$1.9 a day (2011 PPP)



Source: The World Bank
WORLDVIEWS

Child Mortality

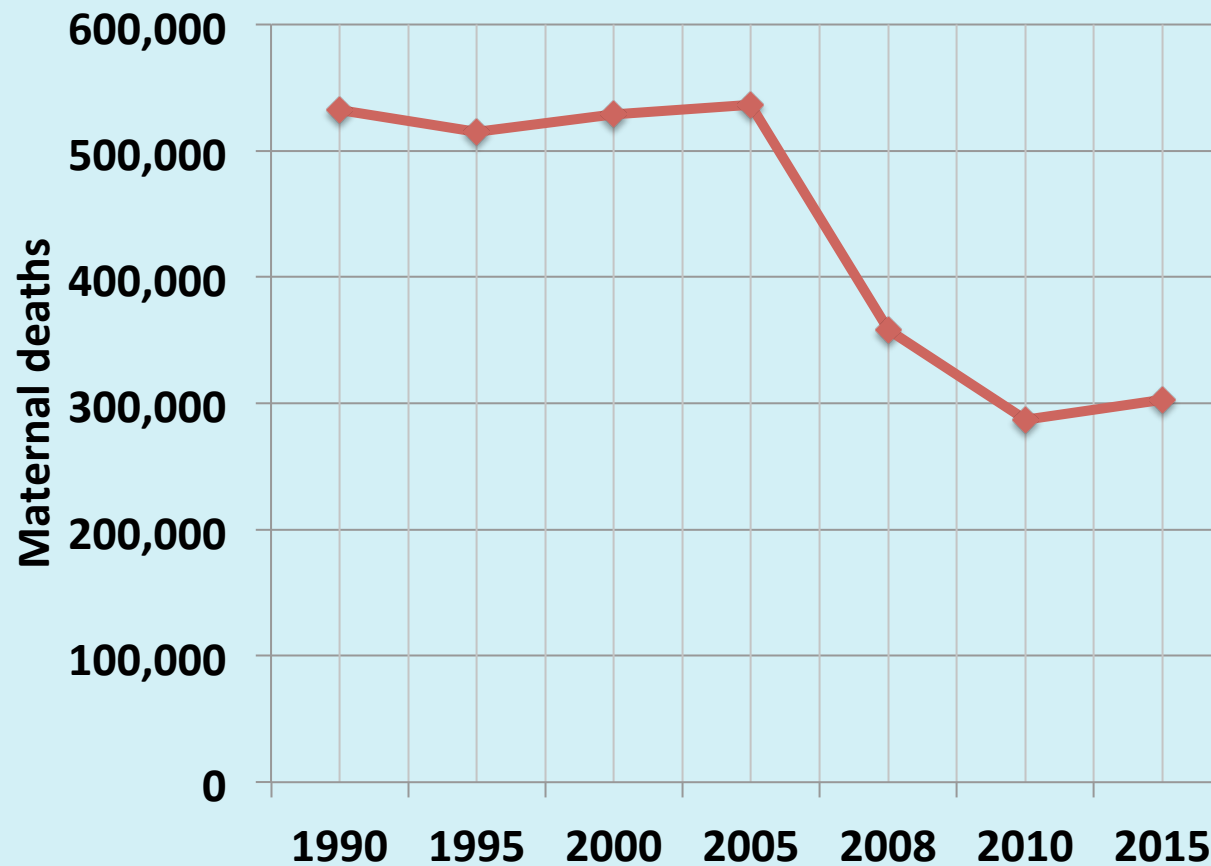
The number of children who die before age 5 has been cut in half.



Source: Murray, CJL, Laakso T, ShibuyaK, Hill K, Lopez AD. "Can we achieve Millennium Development Goal 4? New analysis of country trends and forecasts for under-5 mortality to 2015. Lancet 2007; 370:

Maternal Mortality

Global maternal deaths have fallen by 44%.



Source: World Bank, WHO, UNFPA, UNICEF

Your Turn

Think. Pair. Share.

Question: **What are some practical ways you can affect change to combat global maternal and child health issues from right here at home, in the U.S.?**

***3min:** for individual time to think on the question and come up with your own ideas.

***7 min:** pair up with someone you don't know – if odd number, have a group of 3 – you'll get approx. 2 min to share your idea, then switch to give time to your partner to share and discuss.

***Designate a speaker from your group to share your answer aloud.**

Advocacy

What is it?

- Call/Write your Member of Congress.
 - House.gov
 - Senate.gov
 - Whitehouse.gov
- Request to meet with your Member of Congress in state.
- Share your story. Lend Your Voice. Stand up for women and children.

U.S. Global Health Funding as a Share of the Federal Budget, FY 2018 Request

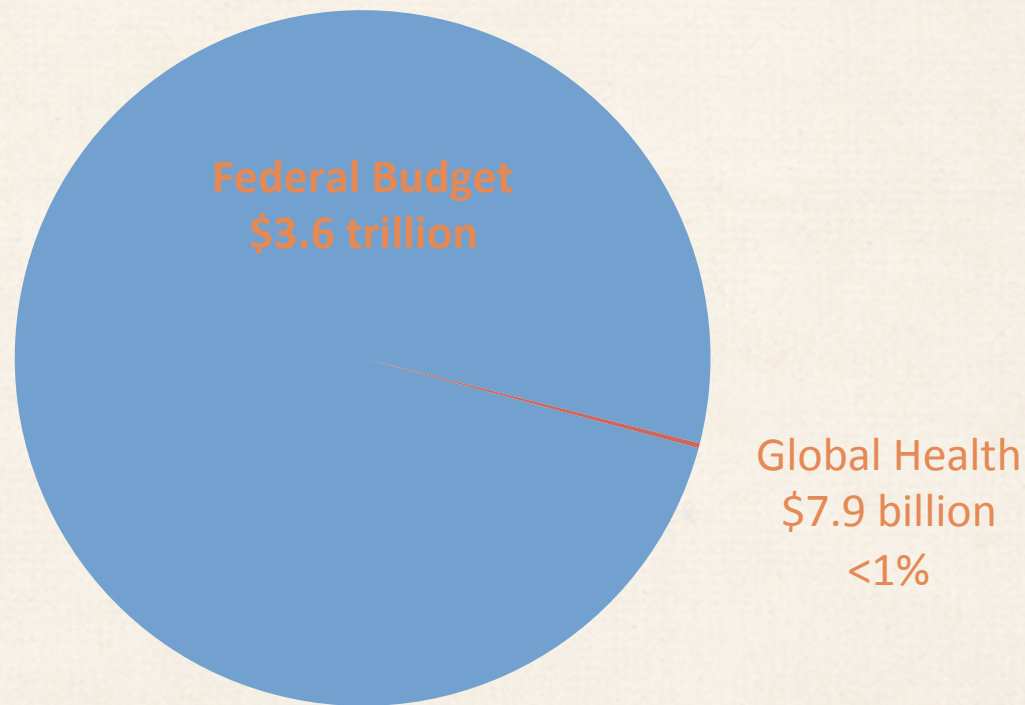
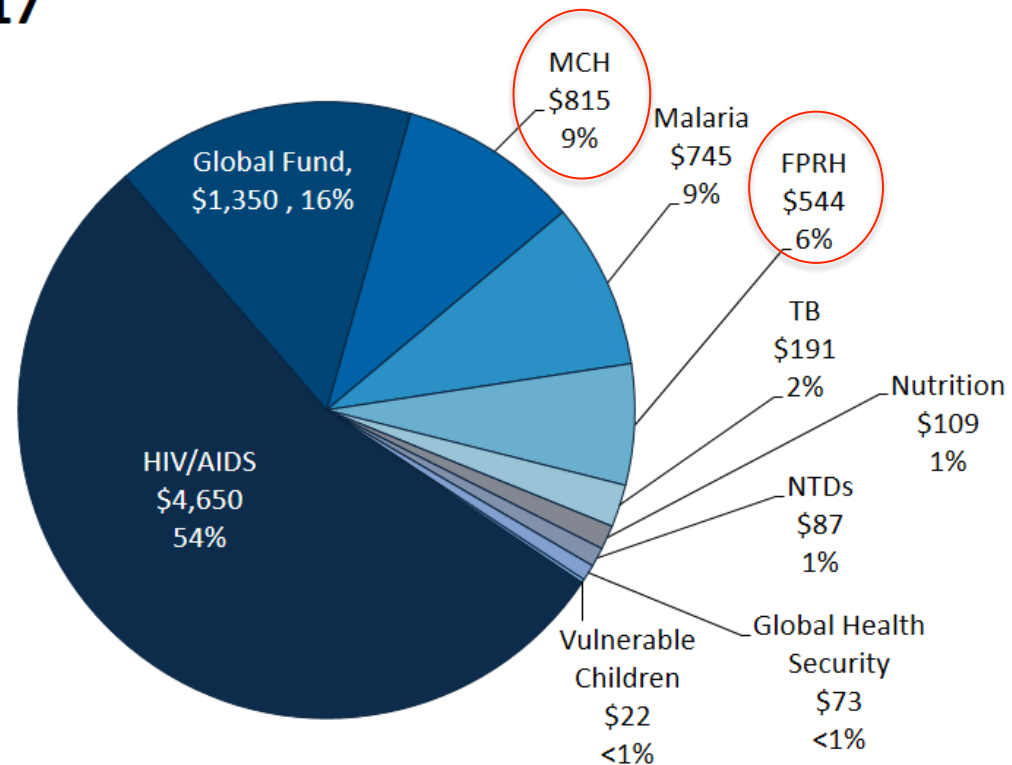


Figure 3: Global Health Programs (GHP) Account, By Program, FY 2017

In Millions

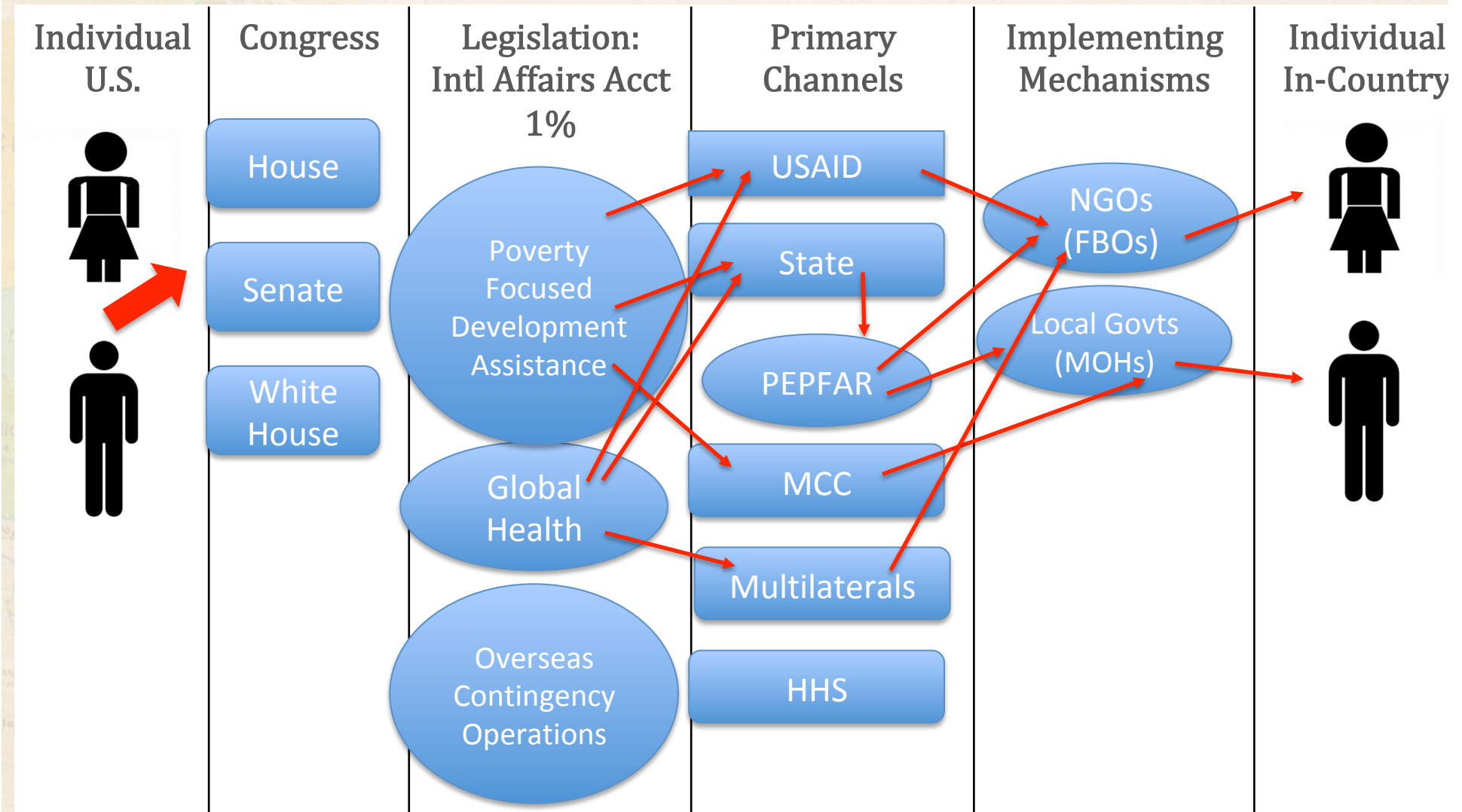


Total = \$8.5 billion

SOURCE: Kaiser Family Foundation analysis of data from the "Consolidated Appropriations Act, 2016" (P.L. 114-113) and accompanying explanatory reports.



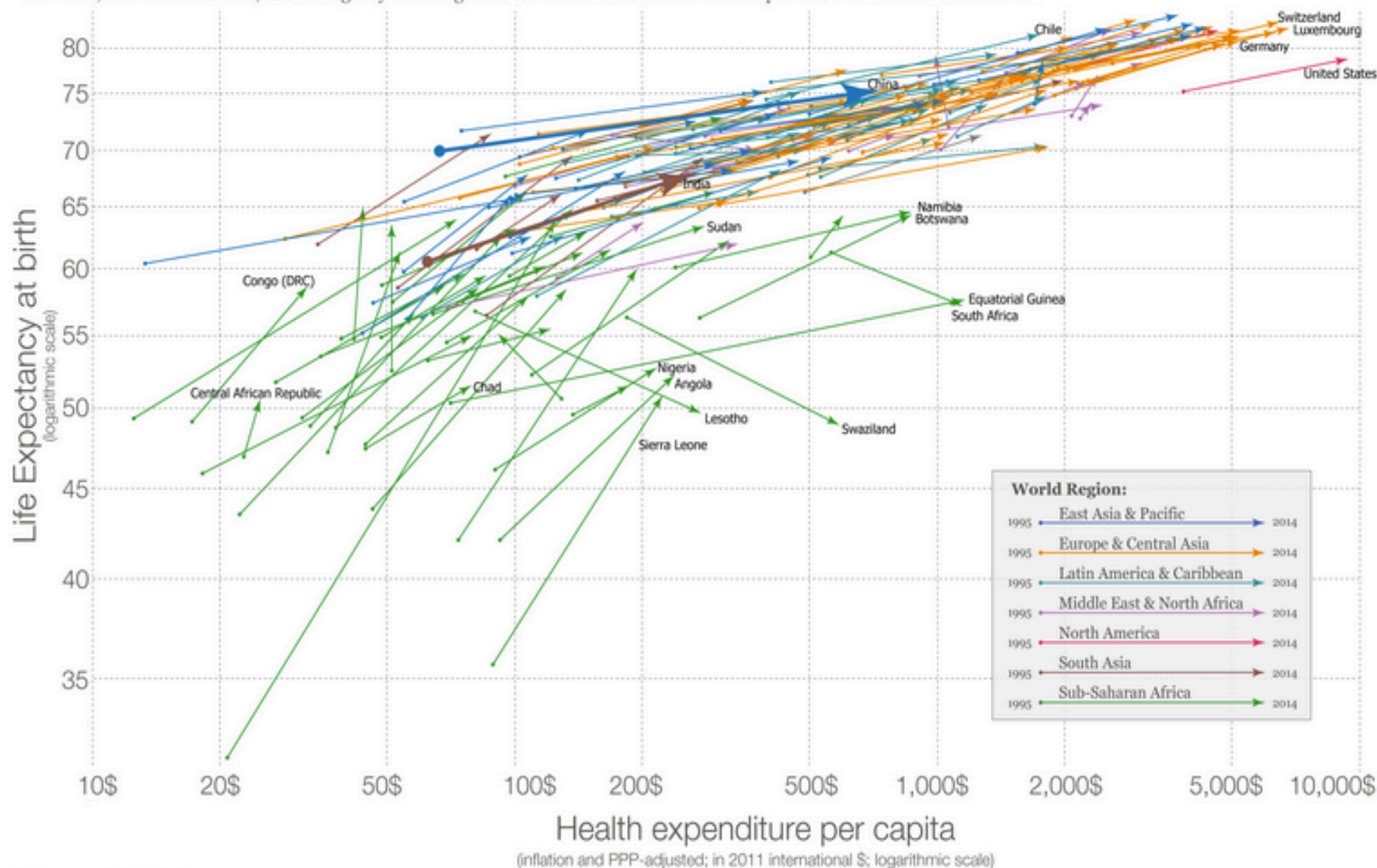
Advocacy Flows in Global Health



Life expectancy is increasing as more money is spent on health

The arrows show the change for all countries in the world, from 1995 (earliest available data) to 2014 (latest available data). [Not all countries are labelled]

Total health expenditure is the sum of public and private health expenditures. It covers the provision of health services (preventive and curative), family planning activities, nutrition activities, and emergency aid designated for health but does not include provision of water and sanitation.



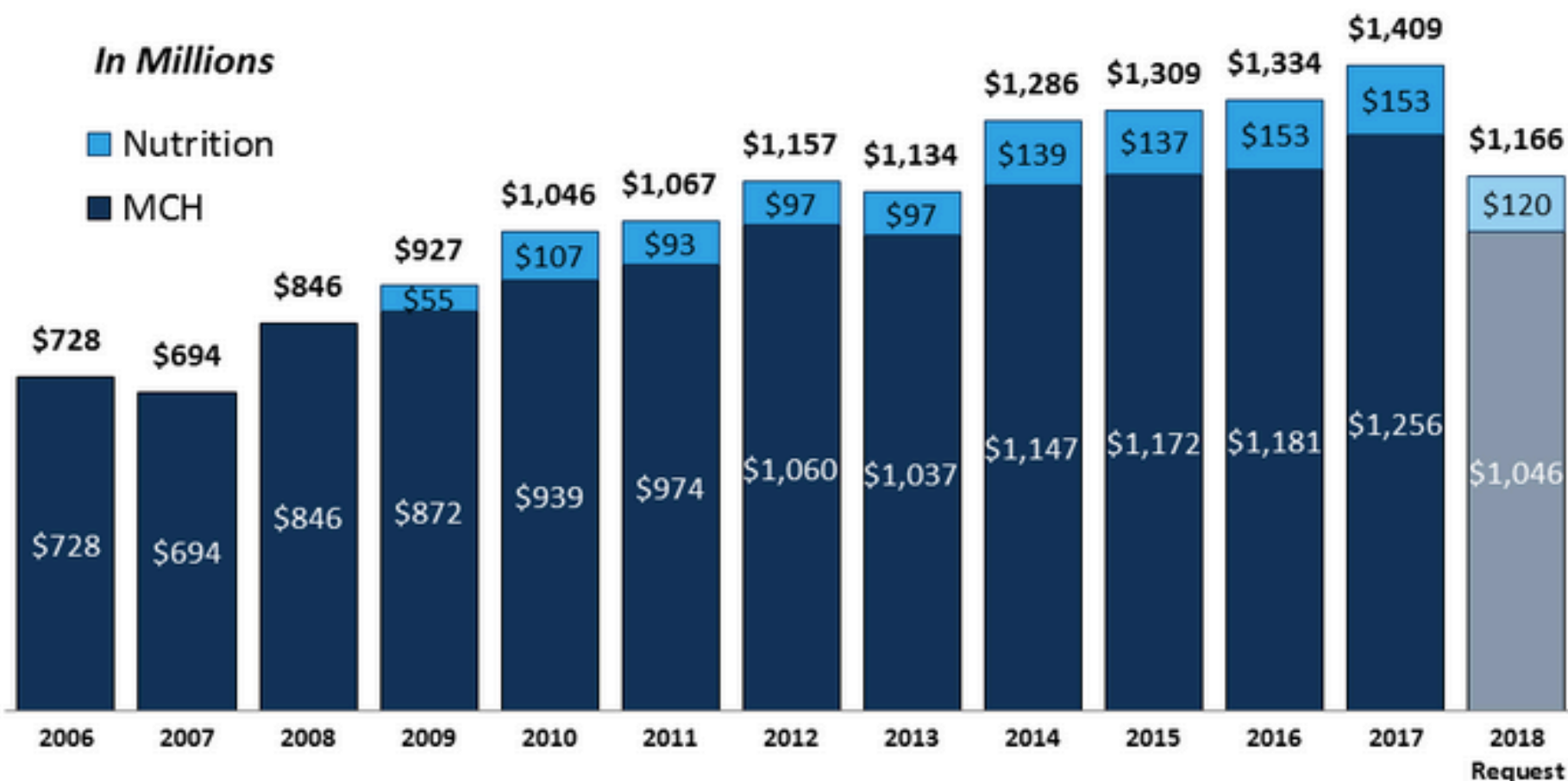
Data source: World Bank

The interactive data visualization is available at [OurWorldinData.org](https://ourworldindata.org). There you find the raw data and more visualizations on this topic.

Licensed under [CC-BY-SA](https://creativecommons.org/licenses/by-sa/4.0/) by the author Max Roser.

Figure 1

U.S. Funding for Global Maternal & Child Health (MCH) and Nutrition, FY 2006-FY 2018 Request

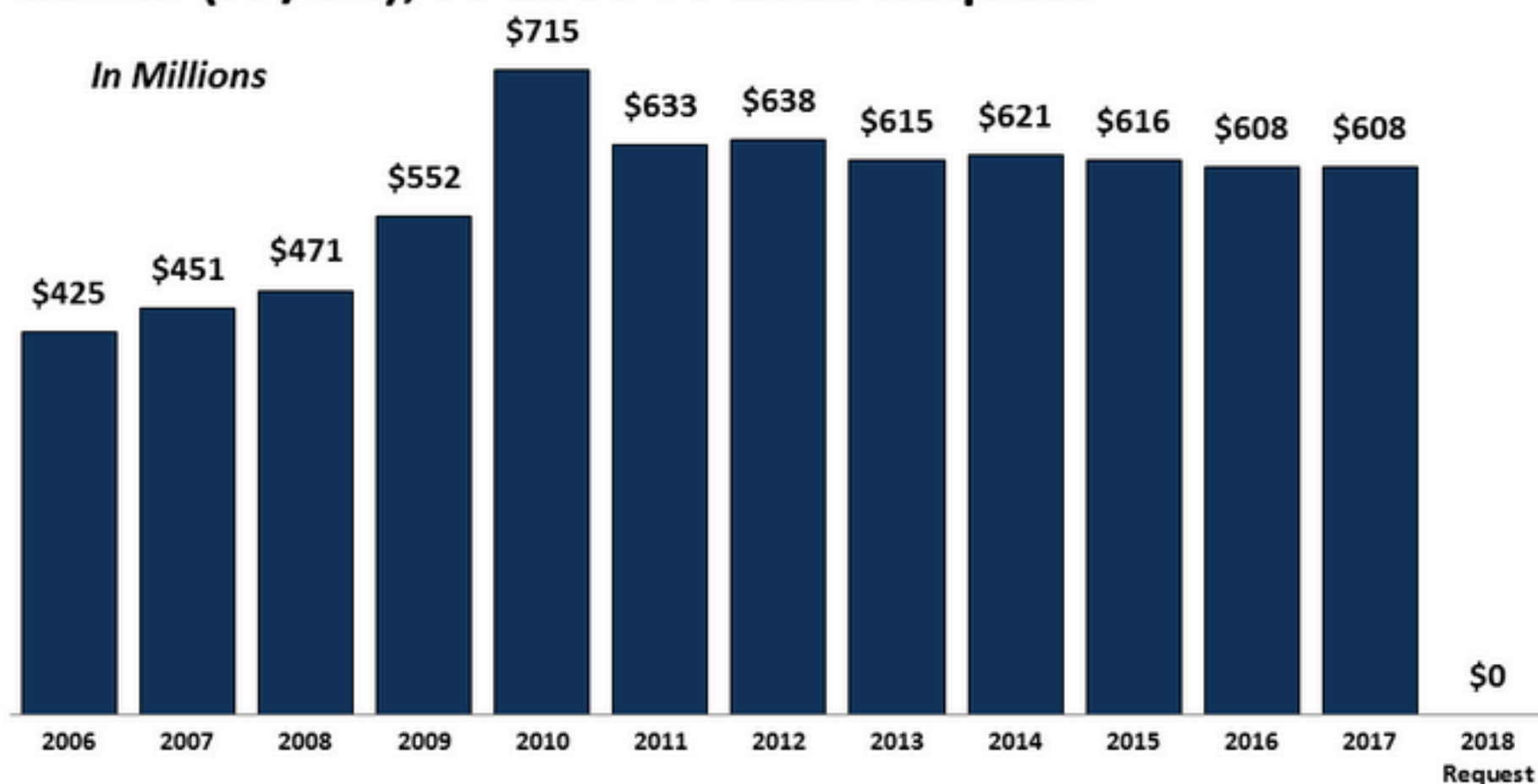


NOTES: Includes MCH and nutrition funding provided through USAID and CDC as well as U.S. contributions to UNICEF. Prior to FY09, nutrition funding was included as part of MCH. Does not include funding provided through Food for Peace (FFP) due to the unique nature of the program. Includes base and supplemental funding. FY13 includes the effects of sequestration. FY17 is based on funding provided in the "Consolidated Appropriations Act, 2017" (P.L. 115-31) and is a preliminary estimate. Some MCH and nutrition funding is determined at the agency level and is not yet known for FY17; for comparison purposes, these amounts are assumed to remain at prior year levels. UNICEF funding was not specified in the FY 2018 request.

SOURCE: Kaiser Family Foundation analysis of data from the Office of Management and Budget, Agency Congressional Budget Justifications, Congressional Appropriations Bills, and U.S. Foreign Assistance Dashboard [website], available at: www.foreignassistance.gov.

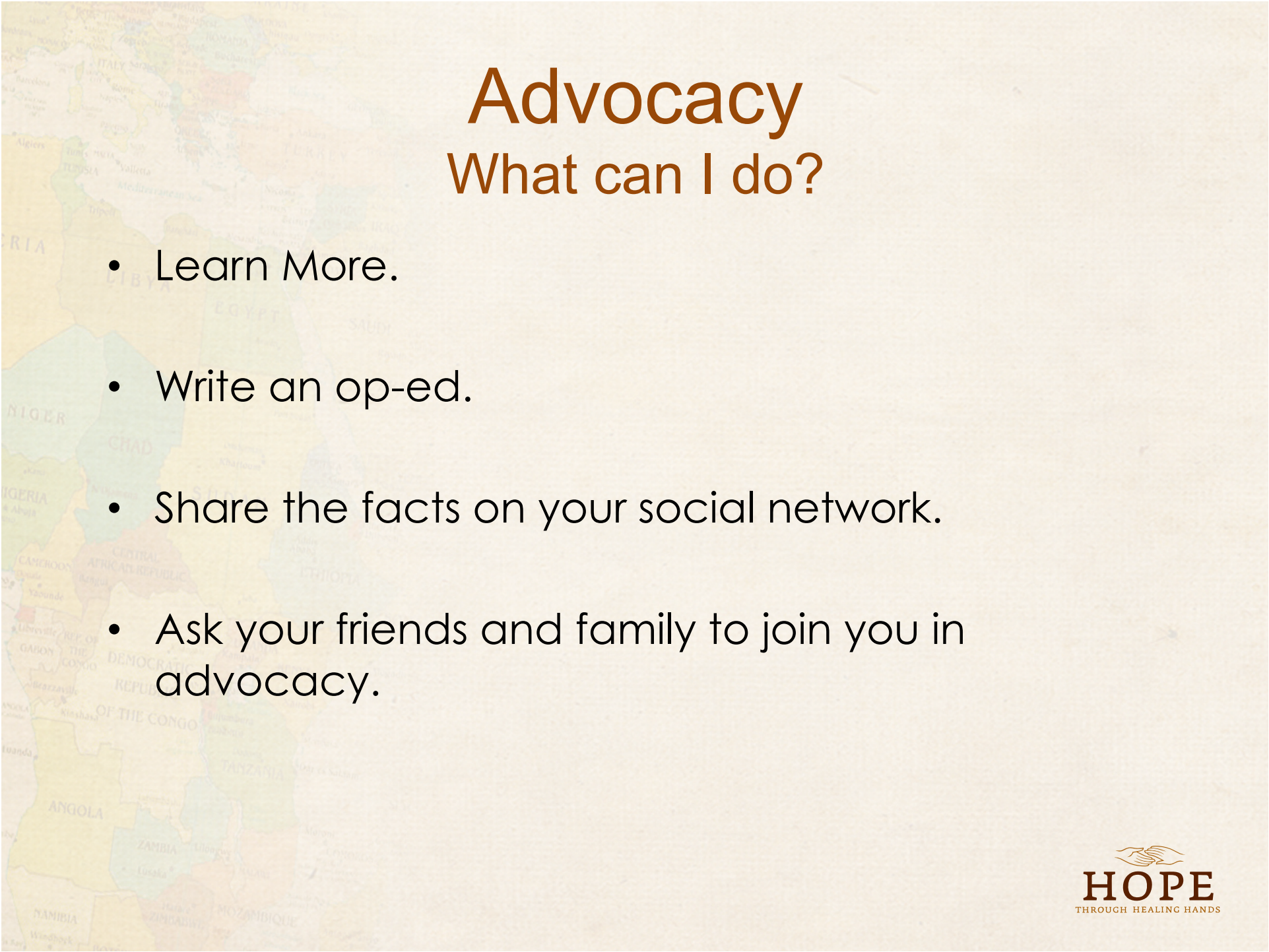
Figure 1

U.S. Global Health Funding: Family Planning/Reproductive Health (FP/RH), FY 2006-FY 2018 Request



NOTES: : Includes FP/RH funding through USAID as well as U.S. contributions to UNFPA. Includes base and supplemental funding. FY13 includes the effects of sequestration. FY17 is based on funding provided in the "Consolidated Appropriations Act, 2017" (P.L. 115-31) and is a preliminary estimate. While the FY18 Request eliminates funding for the FP/RH program under the GHP account, it does note in proposed legislative language that GHP funds could be used for "reproductive health activities, such as fistula repair, prevention and response to gender-based violence, and ending child marriage and female genital cutting or mutilation."

SOURCE: Kaiser Family Foundation analysis of data from the Office of Management and Budget, Agency Congressional Budget Justifications, Congressional Appropriations Bills, and U.S. Foreign Assistance Dashboard [website], available at: www.foreignassistance.gov.



Advocacy

What can I do?

- Learn More.
- Write an op-ed.
- Share the facts on your social network.
- Ask your friends and family to join you in advocacy.

Take Action



THE FAITH-BASED COALITION FOR **Healthy Mothers & Children** WORLDWIDE

Dear President/Senator/Representative _____,

As a constituent, I write to urge you to protect funding for U.S. programs for healthy mothers and children globally, including support for healthy timing and spacing of pregnancies.

As a person of faith, I care deeply about the health of mothers and children worldwide. More than 287,000 women die, most of them in the developing world, every year from complications in pregnancy or childbirth. The good news is that we have the knowledge and tools to allow women to decide how best to time and space their pregnancies in a healthy way. However, more than 222 million worldwide lack access to the effective contraceptives, counseling or services they need to do so. If this need were met through increased funding, families would be empowered to make decisions about healthy timing and spacing of their pregnancies, saving the lives of both women and children.

We thus ask you to support the protection for both the Maternal, Newborn and Child Health and Family Planning lines in the Global Health budget.

Thank you for your service. We are counting on your leadership and support for mothers and children around the world.

Sincerely,

SIGNATURE _____

NAME _____

DATE _____

ADDRESS 1 _____

EMAIL _____

ADDRESS 2 _____

OCCUPATION _____

CITY, STATE ZIP _____



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